

May 2019

		<p>1 AM: life cereal, milk LUNCH: chicken nuggets, French fires, romaine salad, pears, milk PM: applesauce and graham crackers EVENING: green grapes, water</p>	<p>2 AM: whole wheat bagels and cream cheese, milk LUNCH: ground turkey lasagna (whole wheat noodles), romaine salad, strawberries, milk PM: biscuits and honey EVENING: cucumber</p>	<p>3 AM: vanilla yogurt, strawberries LUNCH: black bean, rice, and cheese burritos (whole wheat tortillas), grapes, corn, milk PM: Tortilla chips, salsa, sour cream EVENING: grapes, water</p>
<p>6 AM: biscuits, turkey bacon LUNCH: oven baked chicken, mash potatoes, grapes, corn, milk PM: strawberries, biscuits EVENING: baby carrots</p>	<p>7 AM: cheerios, milk LUNCH: bbq chicken sliders, grapes, corn, milk PM: cheese bread, milk EVENING: grapes</p>	<p>8 AM: vanilla yogurt, granola LUNCH: homemade mac and cheese, turkey sausage, fresh broccoli, fresh pineapple, milk PM: String cheese, apple slices EVENING: apple slices, water</p>	<p>9 AM: biscuits, grapes, water LUNCH: homemade turkey chili, fresh onions and tomatoes, grapes, corn, milk PM: turkey and cream cheese rolls EVENING: cucumber slices</p>	<p>10 AM: Oatmeal, bananas LUNCH: tempura chicken, yakisoba noodles, honeydew melon, corn, milk PM: veggies with hummus, crackers EVENING: string cheese, water</p>
<p>13 AM: French toast sticks, strawberries, water LUNCH: turkey and beef meatloaf, diced potatoes, fresh berries, green beans, milk PM: cheese bread, apple slices EVENING: graham crackers</p>	<p>14 AM: blueberry muffins, milk LUNCH: spaghetti with turkey meat sauce, romaine lettuce, corn, apples, milk PM: cornbread, honey, milk EVENING: baby carrots</p>	<p>15 AM: Bacon, scrambled eggs LUNCH: enchilada bake with sour cream, fiesta corn, honey dew, milk PM: bagels and cream cheese, milk EVENING: cheese slices, crackers</p>	<p>16 AM: oatmeal, blueberries LUNCH: turkey taco salad (lettuce, tomato, black beans, green onion, cheese,) bananas, milk PM: black beans and cheese nachos EVENING: goldfish crackers, water</p>	<p>17 AM: pancakes, orange slices, water LUNCH: grilled turkey and cheese sandwiches, tomato soup, orange slices, fresh broccoli, milk PM: fresh veggies with ranch, wheat crackers, water EVENING: apple slices, water</p>
<p>20 AM: whole wheat bagels cream cheese, water LUNCH: teriyaki chicken and rice, honeydew melon, corn, milk PM: veggies with hummus, crackers EVENING: string cheese, water</p>	<p>21 AM: biscuits, turkey bacon LUNCH: oven baked chicken, mash potatoes, grapes, corn, milk PM: cheese bread EVENING: string cheese, water</p>	<p>22 AM: oatmeal, raisins, milk LUNCH: veggie pasta bake (mushrooms, zucchini), romaine lettuce, corn, apples, milk PM: chips and salsa EVENING: apple slices</p>	<p>23 AM : scrambled eggs, sausage LUNCH: homemade turkey meatballs, whole wheat noodles, romaine lettuce, honeydew, milk PM: bagel pizzas EVENING: cucumber slices</p>	<p>24 AM: raisin bran, milk LUNCH: breakfast burritos with sour cream and salsa, fresh melon, milk PM: turkey and cream cheese roll ups EVENING: pretzels, juice</p>
<p>27 CDC CLOSED MEMORIAL DAY</p>	<p>28 AM: pineapple, cottage cheese LUNCH: turkey and beef meatloaf, diced potatoes, fresh berries, green beans, milk PM: cheese bread, apple slices EVENING: baby carrots</p>			