

The 5 Pillars of the Whole Child

CREATIVE

- ⇒ Develop innovative theories and solutions
- ⇒ Look at challenges from new perspectives
- ⇒ Represent self through a variety of expressive mediums
- ⇒ Find joy, inspiration, and pride in their own sense of design

RESILIENT

- ⇒ Express and name their own emotions
- ⇒ Persevere through difficult challenges and obstacles
- ⇒ Take risks and try out new experiences
- ⇒ Identify and relate to the emotions of others times of during conflict

ENGAGED

- ⇒ Participate as a member of a learning community
- ⇒ Build authentic relationships through trust and respect
- ⇒ Initiate activities around their interests
- ⇒ Explores in many areas of play with a variety of peers

CURIOUS

- ⇒ Approach new opportunities with wonder and excitement
- ⇒ Ask questions and seek out answers
- ⇒ Think critically to further understand and challenge assumptions
- ⇒ Connect to nature through exploration and experimentation

EMPOWERED

- ⇒ Express their identity with confidence
- ⇒ Drive their own learning journey
- ⇒ Advocate for self and others
- ⇒ Understand and display confidence in their role in the community

Examples



- Shows peers or teachers a piece of art they created
- Uses an object or toy in a new and unique way
- Takes part in pretend or imaginative play

- Takes part in physical or risky play
- Continues building, even as their structure continues to fall
- Communicates how they are feeling to others

- Verbally and non-verbally connects with peers and teachers
- Selects an activity they want to explore
- Takes part in the activities of the classroom and outdoor spaces

- Enjoys spending time out in nature
- Expresses an interest in learning new things
- Takes part in sensory and food exploration

- Speaks up for themselves during a disagreement
- Digs deep into one of their interests
- Shows a willingness to be open and vulnerable