

Peregrine Food Tracker May 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	1	2	3
Am:	Cheerios* & Milk	Oatmeal* & Blueberries	Cottage Cheese & Pineapple	Scrambled Eggs & Toast*	Bananas & Cheese
L:	Cheese Tortellini with Pesto Sauce, Peaches, and Peas	Taco Bar w/ Ground Turkey, Beans, Asst. Veggeies, and Sour Cream; Apples	Sunbutter & Jelly Sandwiches*, Pears, and Roasted Broccoli	Spaghetti w/ Beef Marinara Sauce; Roasted Cauliflower; Strawberries	Homemade Turkey & Bean Chili, Cornbread, Zucchini, and Olives
3pm:	Goldfish & Bananas	Bagels & Cream Cheese	Cheesy Toast	Cucumbers & Greek Yogurt Ranch Dip	Graham Crackers & Sunbutter
5pm:	Babybel & Belvita Crackers*	Rice Cakes & Oranges	Goldfish & Raisins	Cheese & Club Crackers	Mango Fruit Cups & Annie's Crackers
	6	7	8	9	10
Am:	Cheesy Toast*	Yogurt & Roasted Cinnamon Apples	Life Cereal* & Milk	Banana Slices & Sunbutter Toast*	Yogurt & Pears
L:	Roasted Chicken & Potatoes; Green Beans; Blueberries	Bean & Cheese Quesadillas on Corn Tortillas*, Cucumbers, Oranges	Bacon, Lettuce, and Tomato Sandwiches w/ Mayo; Peas; Pineapple	Pesto Bacon Pasta* w/ Peas; Baby Carrots; Strawberries	Salsa Chicken w/ Brown Rice*, Green Beans, Cantaloupe
3pm:	Bananas & Cheese	Multigrain Crackers & Cheese	Black Beans & Wheat Thins*	Pineapple & Cottage Cheese	String Cheese & Cheezits
5pm:	Pretzels & Cream Cheese Cups	Annie's Crackers & Raisins	Celery & Hummus Cups	Belvita Crackers* & Oranges	Sunchips & Raisins
	13	14	15	16	17
Am:	Oatmeal & Peaches	Chex Cereal* and Milk	Banana Bread & Sliced Cheese	Applesauce & Graham Crackers	Bagels and Berry Cream Cheese
L:	Cream Cheese & Ham Wraps w/ Lettuce & Tomato, Green Beans, Cantaloupe	Chicken Enchiladas w/ Shredded Cheese & Sour Cream, Green Beans, Apples	Grilled Cheese Sandiwches w/ Tomato Soup*, Beets, and Pears	Macaroni & Cheese*, Peas and Carrots, Oranges	Chicken Teriyaki & Brown Rice*; Roasted Broccoli; Pineapple
3pm:	Cheesy Toast*	Blueberries & Graham Crackers	Celery & Greek Yogurt Ranch Dip	Pita & Hummus	Peaches & Goldfish Crackers
5pm:	Crackers & Cream Cheese Cups	Pretzels & Hummus Cups	Babybel & Apples	Rice Cakes & Baby Carrots	Graham Crackers & Seaweed
	20	21	22	23	24
Am:	Cheerios* & Milk	Berry Smoothies & Belvitas*	Bagels & Cream Cheese	Yogurt & Blueberries	Scrambled Eggs & Pears
L:	Hidden Veggie Meatloaf, Roasted Potatoes, Cauliflower, Oranges	Bean & Cheese Burritos, Corn, and Pears	BBQ Chicken Sliders, Coleslaw, and Pineapple	Chicken Alfredo Pasta*, Roasted Zucchini, Apple Slices	Blueberry Pancakes, Sausage, Oranges, and Roasted Asparagus
3pm:	Cornbread & Black Beans	Baby Carrots & Greek Yogurt Ranch Dip	Cheez-its and Raisins	String Cheese & Bananas	Apple Slices & Cheese Cubes
	Goldfish & Babybel Cheese	Graham Crackers & Seaweed	Annie's Crackers & Babybel Cheese	Sunchips & Fruit Cups	Pretzels & Raisins
	27	28	29	30	31
Am:		Life Cereal* & Milk	Muffins & Bananas	Peaches & Sausage Patties	Banana Bread & Milk
L:	School Closed for Memorial Day	Cream Cheese & Turkey Wraps w/ Lettuce & Tomato, Peaches, Peas	Ham & Swiss Sandwiches* w/ Mayo; Pickles; Bananas	Turkey & Veggie Lasagna; Green Beans; Apples	Chicken Salad, Crackers, Cucumbers & Raspberries
3pm:		Pickles & Sliced Cheese	Cottage Cheese & Pineapple	Cheesy Toast	Hummus & Pretzels
		Raisins & Graham Crackers	Goldfish & Olives	Club Crackers & Cheese	Apple Slices & Sunchips