

July 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Am:	1 Berry Smoothies & Crackers	2 Blueberry Muffins & Cottage Cheese	3 Sausage Patties & Toast*		5 Berry Cream Cheese & Toast*
L:	Hidden Veggie Meatloaf, Garlic Toast*, Peas & Carrots, Peaches, & Milk	Taco Bar w/ Ground Turkey, Refried Beans, Asst. Veggeies and Sour Cream; Apples	Chicken Enchiladas w/ Shredded Cheese, Cucumbers, Watermelon	School Closed for Independence Day	Roasted Chicken Thighs, Cornbread, Peas, and Oranges
3pm:	Goldfish & Bananas	Bagels & Hummus	Cheesy Sliders		Graham Crackers & Sausage
5pm:	Babybel & Belvita Crackers*	Rice Cakes & Oranges	Goldfish & Raisins		Fruit Cups & Annie's Crackers
Am:	8 Scrambled Eggs & Toast*	9 Yogurt & Roasted Cinnamon Apples	10 Cheerios* & Milk	11 Banana Slices & Sunbutter Toast*	12 Yogurt & Pears
L:	Salsa Chicken w/ Brown Rice*, Green Beans, Cantaloupe	Bean & Cheese Burritos w/ Sour Cream, Cucumbers, Oranges	Chicken Quesadillas w/ Sour Cream & Salsa, Raspberries, Roasted Broccoli	Spaghetti w/ Turkey Marinara Sauce, Roasted Zucchini, Plums	Sasuage Patties & Roasted Potatoes, Baby Carrots, Pears
3pm:	Pretzels and Olive Cream Cheese Dip	Multigrain Crackers* & Cheese	Black Beans & Wheat Thins*	Pineapple & Cottage Cheese	Cheese Slices & Watermelon
5pm:	Goldfish & Peaches	Annie's Crackers & Raisins	Celery & Hummus Cups	Belvita Crackers* & Oranges	Sunchips & Grapes
Am:	15 Oatmeal & Peaches	16 Chex Cereal* and Milk	17 Banana Bread & Cheese	18 Applesauce & Graham Crackers	19 Bagels and Berry Cream Cheese
L:	Ham & Pineapple Pizza, Roasted Cauliflower, Watermelon	Cream Cheese & Turkey Wraps w/ Lettuce & Tomato, Green Beans, Cantaloupe	BBQ Chicken Sliders, Coleslaw, and Plums	Macaroni & Cheese*, Peas and Carrots, Oranges	Chicken Teriyaki & Brown Rice*; Roasted Broccoli; Pineapple
3pm:	Cheesy Toast*	Wheat Thins & Grapes	Raspberries & Roasted Chickpeas	Pita & Hummus	Peaches & Goldfish Crackers
5pm:	Crackers & Cream Cheese Cups	Pretzels & Hummus Cups	Olive Cups & Crackers	Rice Cakes & Baby Carrots	Graham Crackers & Seaweed
Am:	22 Cheerios* & Milk	23 Berry Smoothies & Belvitas*	24 Bagels & Cream Cheese	25 Yogurt & Blueberries	26 Scrambled Eggs & Pears
L:	Hidden Veggie Meatloaf, Roasted Potatoes, Cauliflower, Oranges	Bean & Cheese Quesadillas w/ Sour Cream & Avocado, Plums	Bacon, Lettuce, and Tomato Sandwiches w/ Mayo; Peas; Pineapple	Chicken Alfredo Pasta*, Roasted Zucchini, Apple Slices	Cheese & Pepperoni Pizza, Roasted Asparagus, Strawberries
3pm:	Cornbread & Black Beans	Baby Carrots & Greek Yogurt Ranch Dip	Wheat Thins* and Raisins	String Cheese & Bananas	Apple Slices & Cheese Cubes
	Goldfish & Babybel Cheese	Graham Crackers & Seaweed	Annie's Crackers & Babybel Cheese	Sunchips & Fruit Cups	Pretzels & Raisins
	29 Cheerios* & Milk	30 Berry Smoothies & Belvitas*	31 Bagels & Cream Cheese	1 Cornbread Muffins & Blueberries	2 Pita & Hummus
	Homemade Biscuits, Veggie Sausage, Oranges, and Roasted Asparagus	Bean & Cheese Burritos, Corn, and Pears	Sunbutter & Jelly Sandwiches*, Steamed Broccoli, Plums	Pesto Bacon Pasta* w/ Peas; Baby Carrots; Strawberries	Sausage & Olive Pizza, Roasted Cauliflower, and Peaches
	Cornbread & Black Beans	Baby Carrots & Greek Yogurt Ranch Dip	Wheat Thins* and Raisins	Pineapple & Cottage Cheese	Toast* & Apples
	Goldfish & Babybel Cheese	Graham Crackers & Seaweed	Annie's Crackers & Babybel Cheese	Belvita Crackers* & Oranges	Pretzels & Grapes