

# December 2nd ~ 13th 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Am:	<b>2</b> Sunbutter Toast*	<b>3</b> Scrambled Eggs & Roasted Potatoes	<b>4</b> Cheerios* & Milk	<b>5</b> Whole Wheat Pancakes* & Oranges	<b>6</b> Muffins & Yogurt
L:	Spaghetti* w/ Turkey Marinara Sauce, Peas & Carrots, Peaches  <i>Alt: Spaghetti w/ Tofu Marinara</i>	Quesadillas, Cauliflower, and Cut Melon  <i>Alt: Quesadilla w/ DF Cheese</i>	Bacon, Lettuce, & Tomato Sandwiches*, Green Beans, Bananas  <i>Alt: Cheese &amp; Veggie Sandwich</i>	Macaroni & Cheese, Roasted Zucchini, and Apple Slices  <i>Alt: Buttered Noodles w/ DF Cheese</i>	Teriyaki Tofu & Brown Rice*; Roasted Broccoli; Pineapple  <i>Alt: already vegetarian &amp; dairy free</i>
3pm:	Cucumbers & String Cheese	Wheat Thins* & Oranges	Cornbread & Baby Carrots	Goldfish & Pears	Pumpkin Seeds & Berries
5pm:	Grapes & Annie's Crackers	Cheezits & Raisins	Seaweed & Babybel	Pretzles & Hummus Cups	Cheese Squares & Mandarin Oranges
Am:	<b>9</b> Bagels & Sunbutter	<b>10</b> Shredded Wheat & Milk	<b>11</b> Cottage Cheese & Pineapple	<b>12</b> Berry Smoothies & Belvita Crackers	
L:	Mini Pizzas w/ Cheese & Sausage Crumbles; Bell Pepper Slices; Pineapple  <i>Alt: Cheese or DF Cheese Pizza</i>	Bean & Cheese Burritos*; Broccoli; Peaches  <i>Alt: Burrito w/o cheese</i>	Sunbutter & Jelly Sandiwiches*; Roasted Cauliflower; Cantaloupe  <i>Alt: already vegetarian &amp; dairy free</i>	Alfredo & Pea Pasta*; Roasted Carrots; Strawberries  <i>Alt: Buttered Noodles w/ Peas</i>	School Closed for Staff Inservice
3pm:	Snap Peas & Hummus	Bananas & Multigrain Crackers	Banana Bread & Apples	Club Crackers & Cheese	
5pm:	Pumpkin Seeds & Oranges	Goldfish & Seaweed	Pretzels & Hummus Cups	Annie's Crackers & Grapes	

**Notes:**

Lunch is always served with milk (whole for children under 2 years old, 1% for children 2 and up)

\* Indicates that the item meets CACFP & USDA standards for "whole grain rich"

Fruits & Veggies may change due to seasonal availability

"Hidden Veggie" items have extra vegetables cooked in and may include peppers, mushrooms, carrots, onion, spinach, kale, or other greens

Vegetarian & Dairy Free options are available at all snacks and lunch to children on individual meal plans; specific menu alternates are listed for each lunch, while snacks may be substituted with hummus, beans, pumpkin seeds; tofu, dairy free cheese, soy yogurt, or other items based on availability